

**Day-case Surgery in the Context of Inguinal Hernia Repair by the Modified Lichtenstein Technique  
– A Single Centre Experience**

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**Abstract**

The plethora of surgical techniques described for inguinal hernia cure, might create confusion to the young surgeon, who is often forced to perform the technique acquired in the Department where he/she was trained. Also, the anatomy of the inguinal region has given rise to numerous interpretations due to the spatial layout of the elements, as well as to the necessity of obtaining high-functional resistance anatomical structures. The retrospective study was conducted at the Proctoven Clinic in Sibiu for a period of 5 years. 219 patients diagnosed of inguinal hernia, were operated by the Lichtenstein technique between March 2011 and March 2016. We consider the practice of the Lichtenstein procedure for our patients to be extremely feasible, very well tolerated, with less than 3 hours hospitalization, with good short and long term results.

**Key words:** inguinal hernia, modified Lichtenstein, one day surgery, local anesthesia, intravenous anesthesia, Fast-track surgery concept